



Join us for Cross Country Running!

When: Practices will be held Mondays & Thursdays at 6:00 pm. Additional practices will be held on weekends.

Where: Central Park - Soccer Fields on Eggerts Crossing Road. Take Eggerts Crossing Road and turn on Dave Nevius Way, park in the lot all the way back and walk up to the Soccer Fields. (subject to change)

Who: Cross Country is open to all who want to run.

The CYO Cross Country meet will be held in October at Mercer County Park (date to be determined)

Stop by one of our practices to join or learn more about Cross Country Running, or email Kurt Steege at kurt.steege@gmail.com

Come learn how to run and have some fun!

