

# Saint Ann's School February 2018 Lunch Menu

St. Ann's Food Services: Foodservice@st-ann-school.org  
Food Service Director: Ashley Dowd Adowd2@pennsburyisd.org



## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk, Water, Iced Tea, Lemonade, or Juice

## Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:  
Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber  
\*May choose two 1/2 cup servings

\*Fruits may include:  
Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce  
\*May choose one 1/2 cup serving

**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
			1 <b>Double Cheese Quesadilla With Salsa</b> Golden Corn Mandarin Oranges	2 <b>12:15 Dismissal No Lunch</b>	Grilled Chicken Salad with Roll Italian Wrap Cheese Sandwich Bagel & Cheese Stick
5 <b>Meatball Parm Sandwich</b> Steamed Green Beans Juicy Pears	6 <b>Chicken Sticks</b> Mixed Veggies Sweet Peaches	7 <b>BBQ Pork Ribby on a Bun</b> Seasoned Broccoli Red Grapes	8 <b>Bacon, Egg, and Cheese on a Bagel</b> Tater Tots Pineapple Tidbits	9 <b>Popcorn Chicken Bowl</b> (Popcorn Chicken, Mashed Potatoes, Gravy) Mashed Potatoes Mixed Fruit	Chef Salad with Roll Turkey & Cheese Sub Cheese Sandwich Bagel & Cheese Stick
12 <b>Baked Macaroni &amp; Cheese with Dinner Roll</b> Steamed Broccoli Cinnamon Applesauce	13 <b>Chicken Alfredo With Pasta</b> Garlic Bread Carrot Coins Apple Slices	14 <b>French Toast Sticks</b> Tater Tots Sweet Peaches  <b>Red Jello Treat</b>	15 <b>Corn Dog Nuggets</b> Steamed Peas Mandarin Oranges	16 <b>No School</b>	Breaded Chicken Salad with Roll Ham & Cheese Wrap Cheese Sandwich Bagel & Cheese Stick
19 <b>No School</b>	20 <b>Salisbury Steak</b> Broccoli Florets Pineapple Tidbits	21 <b>Hot Dog on a Bun</b> Baked Beans Mixed Fruit	22 <b>Cute Chicken Rings</b> Baked Fries Juicy Pears	23 <b>Pizza Sticks</b> Carrot Coins Cinnamon Applesauce	Grilled Chicken Salad with Roll Italian Wrap Cheese Sandwich Bagel & Cheese Stick
26 Cheeseburger Seasoned Green Beans Mandarin Oranges	27 <b>Chicken Parm over Noodles</b> Mixed Veggies Sweet Peaches	28 <b>Cheese Pierogies</b> Steamed Broccoli Fresh Grapes			Chef Salad with Roll Turkey & Cheese Sub Cheese Sandwich Bagel & Cheese Stick
<b>Monday Alternate</b> Chicken Nuggets with Bread	<b>Tuesday Alternate</b> Walking Beef Taco	<b>Wednesday Alternate</b> Homemade Cheese or Pepperoni Pizza	<b>Thursday Alternate</b> Chicken Patty on a Bun	<b>Friday Alternate</b> Grilled Cheese & Tomato Soup	<b>Lunch Price: \$3.75</b>



**Every student who buys a lunch on February 14th will receive a free Jello treat.**