

# Saint Ann's School January 2018 Lunch Menu



St. Ann's Food Services: [Foodservice@st-ann-school.org](mailto:Foodservice@st-ann-school.org)  
Food Service Director: Ashley Belcher [Abelcher@pennsburyisd.org](mailto:Abelcher@pennsburyisd.org)



## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk, Water, Iced Tea,  
Lemonade, or Juice



## Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:  
Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber  
\*May choose two 1/2 cup servings

\*Fruits may include:  
Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce  
\*May choose one 1/2 cup serving

**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
1 <b>No School</b>	2 No School	3 <b>PIZZA WEDNESDAY</b> Homemade Cheese or Pepperoni Pizza Carrots Coins Sweet Peaches	4 <b>Salisbury Steak</b> <b>Buttered Noodles</b> Steamed Broccoli Mandarin Oranges	5 <b>Chicken Sticks</b> Baked French Fries Juicy Pears	Grilled Chicken Salad with Roll Italian Wrap Cheese Sandwich Bagel & Cheese Stick
8 <b>Cheese filled Pierogies</b> Seasoned Green Beans Juicy Pears	9 <b>Breakfast Waffles</b> <b>with Turkey Sausage</b> Tater Tots Applesauce	10 <b>PIZZA WEDNESDAY</b> Homemade Cheese or Pepperoni Pizza Baked French Fries Mixed Fruit	11 <b>Meatball Parm Hoagie</b> Mixed Veggies Pineapple Tidbits	12 <b>No School</b>	Chef Salad with Roll Turkey & Cheese Sub Cheese Sandwich Bagel & Cheese Stick
15 <b>No School</b>	16 <b>Chicken and Cheese</b> <b>Quesadilla</b> Sweet Corn Apple Slices	17 <b>PIZZA WEDNESDAY</b> Homemade Cheese or Pepperoni Pizza Sweet Peas Juicy Pears	18 <b>Porkroll and Cheese</b> <b>on a Roll</b> Tater Tots Sweet Peaches	19 <b>Popcorn Chicken Bowl</b> <b>(Mashed Potatoes,</b> <b>Corn, Gravy)</b> Mashed Potatoes Cinnamon Applesauce	Breaded Chicken Salad with Roll Ham & Cheese Wrap Cheese Sandwich Bagel & Cheese Stick
22 <b>Pizza Pasta Bake</b> Mixed Veggies Mixed Fruit	23 <b>Warm Pancakes</b> Tater Tots Juicy Pears	24 <b>PIZZA WEDNESDAY</b> Homemade Cheese or Pepperoni Pizza Baked French Fries Pineapple Tidbits	25 <b>Grilled Cheese</b> <b>Sandwich</b> Seasoned Green Beans Mandarin Oranges	26 <b>Philly Cheesesteak</b> Carrot Coins Sweet Peaches	Grilled Chicken Salad with Roll Italian Wrap Cheese Sandwich Bagel & Cheese Stick
29 <b>Pizza Sticks</b> <b>With Marinara Sauce</b> Steamed Broccoli Cinnamon Applesauce	30 <b>Macaroni and Cheese</b> <b>with a Dinner Roll</b> Stewed Tomatoes Mixed Fruit	31 <b>PIZZA WEDNESDAY</b> Homemade Cheese or Pepperoni Pizza Sweet Corn Mandarin Oranges	1 <b>Mandarin Chicken</b> <b>over Rice</b> Carrot Coins Juicy Pears	2 <b>12:15 Dismissal</b> <b>No Lunch</b>	Chef Salad with Roll Turkey & Cheese Sub Cheese Sandwich Bagel & Cheese Stick
<b>Monday Alternate</b> Chicken Nuggets with Bread	<b>Tuesday Alternate</b> Hamburger or Cheeseburger on a Bun	<b>Wednesday Alternate</b> Breaded Chicken Patty on Bun	<b>Thursday Alternate</b> French Toast Sticks Sausage Patty	<b>Friday Alternate</b> Corn Dog Nuggets	<b>Lunch Price: \$3.75</b>