

Saint Ann's School September 2017 Lunch Menu

St. Ann's Food Services: Foodservice@st-ann-school.org
Food Service Director: Ashley Belcher
Abelcher@pennsburyisd.org



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk, Water, Iced Tea,
Lemonade, or Juice



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose one 1/2 cup serving


MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
				1 NO SCHOOL	
4 NO SCHOOL LABOR DAY 	5 WELCOME BACK! NO LUNCH 12:15PM DISMISSAL	6 PIZZA WEDNESDAY Homemade Cheese or Pepperoni Pizza Baked French Fries Sweet Peaches	7 Chicken and Cheese Quesadilla w/ Salsa Sweet Corn Mixed Fruit	8 Cheese Pierogies w/ a Dinner Roll Steamed Carrots Juicy Pears	Chef Salad with Roll Turkey & Cheese Sub Cheese Sandwich Bagel & Cheese Stick
11 Meatball Parm Hoagie Seasoned Green Beans Mandarin Oranges	12 French Toast Sticks w/ Sausage Patty Tater Tots Apple Slices	13 PIZZA WEDNESDAY Homemade Cheese or Pepperoni Pizza Mixed Veggies Pineapple Tidbits	14 Corn Dog Nuggets Sweet Peas Sweet Peaches	15 Popcorn Chicken Bowl (Mashed Potatoes, Corn, Gravy) Sweet Corn Cinnamon Applesauce	Breaded Chicken Salad with Roll Ham & Cheese Wrap Cheese Sandwich Bagel & Cheese Stick
18 Salisbury Steak over Noodles Steamed Broccoli Juicy Pears	19 Macaroni and Cheese w/ a Dinner Roll Stewed Tomatoes Mixed Fruit	20 PIZZA WEDNESDAY Homemade Cheese or Pepperoni Pizza Baked French Fries Applesauce	21 Walking Taco (Beef, Lettuce, Cheddar Cheese in a Bag of Nacho Chips) Seasoned Green Beans Mandarin Oranges	22 HALF DAY NO LUNCH	Garden Salad with Cheese and Roll Italian Wrap Cheese Sandwich Bagel & Cheese Stick
24 Spaghetti and Meatballs w/ Garlic Bread Steamed Carrots Cinnamon Applesauce	25 Breakfast Waffles w/ Turkey Sausage Tater Tots Sweet Peaches	26 PIZZA WEDNESDAY Homemade Cheese or Pepperoni Pizza Sweet Corn Juicy Pears	27 Beef Lasagna Seasoned Green Beans Apple Slices	28 Pizza Sticks w/ Marinara Sauce Baked French Fries Pineapple Tidbits	Chef Salad with Roll Turkey & Cheese Sub Cheese Sandwich Bagel & Cheese Stick
Monday Alternate Chicken Nuggets with Bread	Tuesday Alternate Hot Dog on a Bun	Wednesday Alternate Breaded Chicken Patty on Bun	Thursday Alternate Grilled Cheese and Tomato Soup	Friday Alternate Hamburger or Cheeseburger on a Bun	Lunch Price: \$3.75